

Heart Creek Canyon

Introduction

Heart Creek Canyon is a beginner friendly route with competent leadership. It's best to go when the water's flowing in the upper canyon which can happen anytime from mid May until early July. The water in the lower canyon flows all summer long.

To be clear, someone else bolted this canyon years ago. But the route information was not made public until we posted detailed canyon beta for everyone. If you'd like to support our efforts to publish detailed canyon beta or to bolt other canyons, you can donate through either PayPal or Interac e-Transfer to shimonek@gmail.com. Thank you kindly. - Scott Shimonek

Approach

Follow the Heart Creek Trail all the way to the waterfall. There's a trail to the right of the falls that gets you above this lower canyon. You can find the trail by backtracking to the last bridge you crossed. Once above the lower canyon, follow the creek bed upstream for about 10 minutes to reach the upper canyon. You'll then see a trail on the right that'll lead you to the mouth of the canyon.

Descent

LEGEND: TR = True Right; TL = True Left; R = Rappel; S = Slide; J = Jump; DC = Down Climb

R1 - 8 m Rappel (TR)

A two stage rappel off a bolted anchor. The lower stage becomes a slide when water's flowing.

R2 - 2.5 m Rappel (TR) or Jump

A short rappel off a bolted anchor when dry. Or this can be a small 1.5 m jump when water's flowing.

R3 - 12 m Two Stage Rappel (TR)

A two stage rappel off a bolted anchor. The top stage can easily be down climbed. The lower stage has to be rappelled. Even when water's flowing, the pool at the bottom will only be knee deep.

R4 - 8 m Rappel (TR)

A narrow chute that's a possible down climb in dry conditions. When water's flowing, it's a sliding rappel off a bolted anchor.

R5 - 4 m Rappel or Handline (TL)

A sliding rappel or handline of a single rappel hanger.

R6 - 20 m Rappel (TL)

A rappel off a bolted anchor. This is the scenic grand finale waterfall. Beginners will likely find this rappel somewhat intimidating, and some may even choose to hike down instead. But it's actually easier than it looks. The rock isn't too slippery and the pool at the bottom is only waist deep. Two short slides immediately follow this waterfall.